

# September 2025

Resource Center Hours:  
Mon-Thurs: 9 a.m. - 5 p.m.  
Friday: 9 a.m. - 1 p.m.  
Phone: (386) 758-3319

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Satur-
	<b>1</b> 	<b>2</b> 8:30am Community Walk 9:30am Panera Bread and Pastry Giveaway 10:00am DCF Hope Fla 3:00pm After School/ Homework Help—FGC	<b>3</b> 8:30am Community Walk  3:00pm After School/ Homework Help—FGC	<b>4</b> 8:30am Community Walk  3:00pm After School/ Homework Help—FGC	<b>5</b> 8:30am Community Walk  OFFICE CLOSING AT 1:00 PM	<b>6</b> CLOSED
<b>7</b> CLOSED	<b>8</b> 8:30am Community Walk  3:00pm After School/ Homework Help—FGC	<b>9</b> 8:30am Community Walk 9:30am Panera Bread and Pastry Giveaway 10:00am DCF Hope Fla 3:00pm After School/ Homework Help—FGC	<b>10</b> 8:30am Community Walk 10:00am Clothes Closet Giveaway  3:00pm After School/ Homework Help—FGC	<b>11</b> 8:30am Community Walk 3:00pm After School/ Homework Help—FGC 	<b>12</b> 8:30am Community Walk  OFFICE CLOSING AT 1:00 PM	<b>13</b> CLOSED
<b>14</b> CLOSED	<b>15</b> 8:30am Community Walk  3:00pm After School/ Homework Help—FGC	<b>16</b> 8:30am Community Walk 9:30am Panera Bread and Pastry Giveaway 10:00am DCF Hope Fla  3:00pm After School/ Homework Help—FGC	<b>17</b> 8:30am Community Walk  3:00pm After School/ Homework Help—FGC	<b>18</b> 8:30am Community Walk 9:00am—3:00pm UF Health OB/GYN Mobile Outreach  3:00pm After School/ Homework Help—FGC	<b>19</b> 8:30am Community Walk  OFFICE CLOSING AT 1:00 PM	<b>20</b> CLOSED
<b>21</b> CLOSED	<b>22</b> 8:30am Community Walk  3:00pm After School/ Homework Help—FGC	<b>23</b> 8:30am Community Walk 9:30am Panera Bread and Pastry Giveaway 10:00am DCF Hope Fla 3:00pm After School/ Homework Help—FGC	<b>24</b> 8:30am Community Walk 10:00am Clothes Closet Giveaway  3:00pm After School/ Homework Help—FGC	<b>25</b> 8:30am Community Walk 3:00pm After School/ Homework Help—FGC 	<b>26</b> 8:30am Community Walk  OFFICE CLOSING AT 1:00 PM	<b>27</b> CLOSED
<b>28</b> CLOSED	<b>29</b> 8:30am Community Walk  3:00pm After School/ Homework Help—FGC	<b>30</b> 8:30am Community Walk 9:30am Panera Bread and Pastry Giveaway 10:00am DCF Hope Fla  3:00pm After School/ Homework Help—FGC	<u>Daily Resource Center Services</u> <ul style="list-style-type: none"> <li>Community and Family Resources</li> <li>Job Readiness Assistance</li> <li>Job Search Assistance and Job Board</li> <li>Social Service Referrals</li> </ul>		Faxing, Scanning & Notary Services Hours Monday - Friday 9:00am — 1:00pm	See back of calendar for more Resource Center news!



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# NORTHSTAR

FAMILY RESOURCE CENTER

255 NE Coach Anders Lane  
Lake City, FL 32055

**NORTHSTAR**  
FAMILY RESOURCE CENTER

## HOMEWORK HELP


After school program

Monday-Thursday  
3 PM - 4:45 PM  
@ NorthStar Family Resource Center

Tutors from Florida Gateway College will be assisting students.

Students will receive assistance while completing their homework, and snack will also be provided.

Applications available onsite at NorthStar FRC.  
(386) 758-3319



The contents of this project are partially funded by the Children's Bureau, under grant #90CA1864. The contents of this project do not necessarily represent the official views of the Children's Bureau.

## Free Clothing Closet

2nd & 4th Wednesday

Ask at front desk for more information



10:00 a.m. - 1:00 p.m.

## Free Faxing, Scanning & Notary Services

Patrons can send and receive faxes. Patrons must be present to receive a fax.

Faxing/Scanning Hours:  
Monday - Friday  
9:00 a.m. - 1:00 p.m.

**NORTHSTAR**  
FAMILY RESOURCE CENTER

**PARTNERSHIP FOR STRONG FAMILIES**

## COMMUNITY HEALTH AND WELLNESS FAIR

Building a Healthier Community

**Florida Blue**

**Health Screening Services**

- Blood Pressure
- Cholesterol
- Glucose

**Health Lectures**

- Experience a round table discussion with top local medical professionals to understand health insurance and your options!

**Physical Exercises**

- Community walk
- 1, 2, and 3 mile walks
- Zumba
- Yoga
- Line Dancing
- Low Impact Exercises

**Saturday, October 4, 2025 10:00 AM - 1:00 PM**



Join us for a chance drawing and an excellent day filled with health and wellness activities the whole family will enjoy. Healthy snacks and door prizes will be part of the fun!

Richardson Community Center  
255 NE Coach Anders Lane  
Lake City, FL 32055  
(386) 758-3319

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### UF Health OB/GYN Mobile Outreach

The UF Health OB/GYN Mobile Outreach vehicle is equipped to deliver compassionate, high-quality care to everyone — regardless of insurance status or ability to pay.



**Our Services:**  
Annual and preventive exams | Breastfeeding support | Family planning  
OB/GYN ultrasound exams | Prenatal and postpartum care



Scan here for our location schedule and to learn more!



Bringing quality women's health services to you!

**WALK-INS WELCOME!**  
Or call 352.273.9404 or visit [UFHealth.org/mobile-OBGYN](http://UFHealth.org/mobile-OBGYN) for more information!



## Bread & Pastry Giveaway

Every Tuesday 9:30am