

FOCUSING ON ACTION: STRENGTHENING FAMILIES SELF-ASSESSMENT (SFSA) JUNE 2022 UPDATES FOR THE CONE PARK LIBRARY RESOURCE CENTER (CPLRC)

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The CPLRC SFSA Process

The purpose of the SFSA process was to evaluate Cone Park Library Resource Center (CPLRC) practices, programs, and services based on the Strengthening Families Protective Factors Framework. The CPLRC's SFSA team consisted of 1 direct service staff member, 1 volunteer, 2 community collaborators from partner organizations, and 4 Community Ambassadors who utilize services and programs at the CPLRC. Team members completed a survey with questions related to the implementation of each protective factor at the CPLRC. The SFSA team came together for critical discussion and dialog to assess each item and develop action items to address any gaps in programs, services, or Resource Center practices. CPLRC staff have been working hard to implement action items with the allotted resources and staff capacities. Updates on action items and plans were categorized into four key themes determined by the SWAG SFSA team for the future and are provided in this report. The key themes are:



- **Theme One:** Parent focused advisory council and programming.
- **Theme Two:** Increase awareness targeted to fathers, increase awareness via social media and increase awareness of staff training.
- **Theme Three:** Increased engagement with males/fathers, non-English speakers, local families, library outdoor resources and virtual spaces.
- **Theme Four:** Building capacity by enhancing staff and space resources.

As CPLRC staff have focused on enhancing services and supports for all themes. Some action items rely on the completion of other action items such as the need to establish our Parent and Community Advisory Council. Action items are listed with the protective factor SFSA report from which they were developed, however in some cases action items may overlap with another protective factor or theme. It is important to recognize that attainment of select action items may be impacted given staff capacities and/or available resources. However, CPLRC staff, community partners and community ambassadors have and will continue to work collaboratively to try to achieve the best solution for each action item.

Core Meanings of the Center for the Study of Social Policy's Protective Factors

1. Parental Resilience

Managing stress and functioning well when faced with challenges, adversity, and trauma.¹

2. Social Connections

Positive relationships that provide emotional, informational, and spiritual support.¹

3.

Concrete Support in Times of Need

Access to concrete support and services that address a family's needs and help minimize stress caused by challenges.¹

4.

Knowledge of Parenting and Child Development

Understanding child development and parenting strategies that support physical, cognitive, language, social, and emotional development.¹

5.

Social and Emotional Competence of Children

Family and child interactions that help children develop the ability to communicate clearly, recognize and regulate their emotions, and establish and maintain relationships.¹

¹ Center for the Study of Social Policy. (2015). Core Meanings of the Strengthening Families Protective Factors.

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CPLRC'S ACTION ITEM KEY THEME UPDATES



THEME ONE: PARENT FOCUSED ADVISORY COUNCIL AND PROGRAMMING.

Parental Resilience Action Item: Explore and consider a formal collaboration between Cone Park Library Resource Center (CPLRC) and the Cone Park Library (CPL) to establish a parent advisory council/committee.

Action Item Update: This item will be discussed with the developing CPLRC PCAC since the CPL does not currently have a Branch Manager.

Parental Resilience Action Item: Efforts should be made (perhaps in consultation with a newly formed Parent Advisory Council/Committee) to explore the collaborative development and implementation of possible parent-focused activities/events aimed at stress relief.

Action Item Update: CPLRC's Manager is working on building connections with a local organization that offers parenting support groups and parenting education.



THEME TWO: INCREASE AWARENESS TARGETED TO FATHERS, INCREASE AWARENESS VIA SOCIAL MEDIA AND INCREASE AWARENESS OF STAFF TRAINING.

Parental Resilience Action Item: Create a joint marketing strategy between CPLRC and other resource centers to market directly to fathers.

Action Item Update: Partnership for Strong Families staff have corresponded with Pastor Gerard Duncan who is involved with the Florida legislative bill to support involved fatherhood in Florida to lead a possible upcoming training for staff on improved engagement with fathers.

Parental Resilience Action Item: Develop a coordinated and collaborative strategy for engagement and dissemination of program/service/activity information that is relatable to local families with the goal of creating buy-in and enhancing the utilization of the CPLRC and CPL.

Action Item Update: This will be postponed until a CPL Branch Manager is hired.

Social Connections Action Item: Determine which trainings associated with diversity and other issues (including, but not limited to, mental health issues/topics) that staff receive that might have relevance for an expanded group of participants (including Community Ambassadors, other patrons, etc.).

Action Item Update: CPLRC staff will work to keep this in consideration as trainings become available and discuss this with the PCAC when it is fully developed

CPLRC'S ACTION ITEM KEY THEME UPDATES



THEME THREE: INCREASED ENGAGEMENT WITH MALES/FATHERS, NON-ENGLISH SPEAKERS, LOCAL FAMILIES, LIBRARY OUTDOOR RESOURCES AND VIRTUAL SPACES.

Parental Resilience Action Item: Explore options for connecting immigrant and refugee families to services in their own language.

Action Item Update: Resource Center rack cards have been developed in Spanish. Additional efforts towards this action item will be discussed with CPLRC's PCAC once developed.

Parental Resilience Action Item: Explore how outdoor resources can be utilized for individual and health-based activities targeted towards caregivers. Consider (for example) the development of a regular program such as a formal or informal track league.

Action Item Update: In April 2022 CPLRC held a On Track Fitness Health and Wellness Fair designed to show patrons the free outdoor resources provided at the CPL in addition to Zumba, cooking demonstrations, personalized workouts and more. CPLRC's Manager is working on connecting with the group that provided Zumba to see what funding resources are available for those classes and if we can get them at CPLRC.

Social Connections Action Item: Explore social media utilization strategies for CPLRC (perhaps in collaboration with CPL) as a means of engaging/connecting with patrons and their families (including marginalized groups) and disseminating information regarding program and resource supports/opportunities.

Action Item Update: On May 19, 2022, PSF launched a "Family Resource Centers" Facebook page. This page helps spread awareness and boost key messaging to community members.



ACTIONS TO FOCUS ON MOVING FORWARD

The following action items will continue to be focused upon over the next year with updates provided semi-annually.

Parental Resilience Action Item: Provide more father focused programming at CPLRC.

Social Connections Action Item: Explore how (structure and feasibility given benefits and concerns) social media groups can supplement existing at the end of CPLRC and CPL structured (face-to-face) activities and help foster meaningful connections among participants.



THEME FOUR: BUILDING CAPACITY BY ENHANCING STAFF AND SPACE RESOURCES.

Concrete Supports in Times of Need, Knowledge of Parenting and Child Development, and Social and Emotional Action Item: Explore the possibilities of enhancing/expanding staff and space resources so that CPLRC can ensure a maximization of potential service and support-benefits linked to protective factors.

Action Item Update: Partnership for Strong Families staff are reviewing the impact of volunteer assistance on services provided, center location and monthly attendance to determine the best way to move forward.

THE CONE PARK LIBRARY RESOURCE CENTER

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