

Event is **FREE**  
to Attend and  
Participate

# HEALTHY HEROES DAY

## for Kids

*(formerly known as the UF Health Bike Rodeo)*



# HEALTHY HEROES

Remember  
to bring  
your bike!

Saturday, April 18, 2026  
9 a.m. to 1 p.m.

UF Health Professional Park  
3300 SW Williston Road  
Gainesville, FL 32608

UF Health Professional Park is located on RTS Route 35

[UFHealth.org/HealthyHeroesDay](http://UFHealth.org/HealthyHeroesDay)

### Activities

Bike raffles ★ Bike course led by experts

Games and prizes ★ Free helmets ★ Face painting

★ "Touch a Truck" activity, where children are given the opportunity for a hands-on learning experience about large vehicles and pedestrian safety.

★ Plus many opportunities for hands-on learning experiences about healthy behaviors and pedestrian safety.



**SAFE  
KIDS**  
NORTH CENTRAL  
FLORIDA

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Shands children's Hospital